

# 2000 MIAC Women's Outdoor Track & Field Championships Recap

## St. Thomas Men and Women Sweep 2000 MIAC Track and Field Championships

Behind record-setting performances and several top-three finishes, St. Thomas' men's and women's track teams captured titles at the 78th-annual MIAC Track and Field Championships held May 12-13, 2000 at Hamline University.

St. Thomas women scored 184.5 points to take first for the 15th time in 16 seasons. Concordia, who broke the UST women's streak of 14 consecutive championships a year ago, placed second this year with 149 points. St. Thomas men won going away with a team score of 198.5 points. Concordia placed second with 117.

Winning events for UST women were Jill Ylonen in the 100m (12.23, NCAA provisional qualifier); Kara Hedin in the Triple Jump (37-4, NCAA provisional qualifier); Sara Diercks in the Javelin (123-7); Katie Arnes in the High Jump (5-5 3/4, NCAA provisional qualifier); and the 4x100m relay team of Katie Bestul, Heidi Vogel, Emily Haley, and Ylonen (49.16, NCAA provisional qualifier).